

## Sustainability Fest 2013 Review

By closing the Sunday's event I was immensely happy. I pondered with deep gratitude. All participants seemed well enjoyed as the program of the event went well in overall with foods, drinks, music, and celebrative mood and so on.

More than anything I felt great about our farm, nothing short below calling it "bio-dynamic mini farm" after a decade struggle with land in the property. People could explore various aspects of regenerative system—thoughtful plots arrangement, worm's station, composting drums and teas, healthy fresh greens and fruits, variety herbs in the beds. Even if it looked as a small piece of land it truly has been transformed into sustainable farm pleasing our eyes aesthetically.

And Dr. Clayton spoke passionately about why role of Myra House community is so crucial. People laughed when he reinterpreted the Myra house as a light house on the hill quoting Mathew 5: 14-16: "...A house on the hill on the Mills Ave...cannot be hid... gives to light to all cities." I laughed too because what he made analogy seemed too lofty image or an impossible role model we can reach.

People poured me words of congratulation. With awesome feeling of responsibility I wanted to assure to know what all Myra House members are congratulating about. Maybe what we are congratulating was remarkable rewarding from sustainable farm which was converted from the rocky ground after all. Perhaps, we are congratulating our official status— a lighting house on the hill—which has been recognized publically in this gloomy age. Once again, I am grateful for our amazing participants and supporters who made the event a success.

**Thanks to all garden workshop presenters:** Dr. Guntram Ramutis, Stephen Mayfield and Tony Sanchez

**Thanks to speaking presenters:** Dr. Philip Clayton, Co-Speaker: Beth McDuffie and moderator Vanessa Kettering

**Thanks to the awards recipients-Role Model for the "solution to Sustainability"**

Sue Nancy Carlisle, Dr. John Cobb

### **FOODS & WINES (from our Farm-to table partners):**

- **Euro Café:** Lemon Garlic Roasted Chickens, Veggie Lasagna, Pasta Salad, Red Wines and White Wines from Portugal
- **Some Crest Bakery:** Cupcakes (dark chocolate Raspberry C. Lemmon Moose C., Pound Cake C.) Black and White Ganache Chocolate White frosting Vanilla Butter cream
- **Mr. & Mrs. Choi and Yoon:** Red pepper, garlic chives fill-in Cucumber Kim Chi
- **Mr. & Mrs. Lee Jai & Young Hee:** Korean festive rice cakes and cookies
- **James Rogers:** Fish dish (Baked Halibut)
- **Myra:** Garden salads from our farm, sesame oil mixed rice with carrots, lime beans, onion, triple kinds mushrooms, steam vegetables with broccoli, kales and green, red, orange bell pepper

### **MUSIC: Chuck & friends**

A group of friends composed of music producers, film composers, writers, and musicians. Our desire is to communicate that music's purpose, quite simply, is to bring people together.

Chuck Kim, bass, Kasiemba Okeyo, keys: David Lee, guitar: Abraham Kim, drums

### **Settings:**

**Art work:** Designed by Cori Griffin, the banner stood at a size of 2 feet by 10 feet. A radiant gold color banner stood straight up from the ground to the sky affirming a celebratory "peace" on earth.

**Chairs:** 20 chairs borrowed from Claremont United Methodist Church

**Garden and table preparation:** Chelsey Souigny, Tony Sanchez, Stephen Mayfield, Vanessa Kettering, Lydia and David Sohn

### **Financial Contributions (ones who are present and who could not attend):**

Wilma Ogle, Dr. Maisie E. Dawes, Rev. Phyllis Tyler, Dr. John Cobb, Mr. & Mrs. Lee Deok Young

**Benediction:** Sue Nancy Carlisle