

## APPLYING

### INTERNSHIP SCHEDULE

Each year consists of 3 semesters\* and students can apply during any semester as their first semester.

Winter-Spring Semester: January 10~ May 20  
(Application Due day: December 1)

Summer Semester Intensive: June 20~August 10  
(Application Due day: May 15)

Fall Semester: August 20~ December 10  
(Application Due day: July 15)

\* Dates will be accommodated as needed.

### APPLICATION PROCESS

Download an application at [www.ecoterrahealthmarket.com](http://www.ecoterrahealthmarket.com).  
Applicant must submit the following before the semester starts:

1. An essay (approximately 3-4 pages in length) describing why you want to intern at the Holistic Living Center. Include autobiographical highlights.
2. A complete application (Please read the Internship Guidelines for additional information).
3. Send completed application to:

Center Director, HOLISTIC LIVING CENTER  
3643 N. Mills Avenue, Claremont, CA 91711

\*You will be contacted within 5 business days of the receipt of your application.

### COSTS & FINANCIAL INFORMATION

**Residency Costs:** Private furnished rooms start at approximately \$350 a month. Utilities are included.

**Additional costs:** Meals, outings, transportation and other personal expenses are not included and should be considered.

**Paid work internship:** Hours worked at Ecoterra will be compensated.

If you have questions about the internships or are interested in volunteering, please contact: [sung@myrahouse.com](mailto:sung@myrahouse.com)

## STAFF

### Guntram von Kiparski, Ph.D

University of California (2005 – present), Co-founder of Acology Institute (2007)

*In Toward Agroforestry Design: An Ecological Approach.* Gordon and Jose (ed), Spring, Verlag, Dordrecht, 2008.

### Sung Jacob Sohn, Ph.D

Director, Applied Programs of the Center for Ecology and Spirituality at Claremont School of Theology.

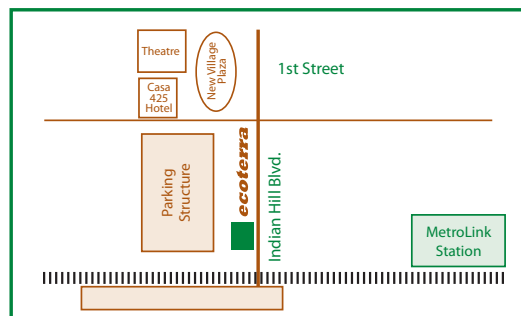
Myra House Holistic Living Center (2001~), Ecoterra (2007~) and Co-founder of Acology Institute (2007)

*The Sextet Love Story: A Perfect Love Story in Imperfect Society,* Youl Lim Publishing House, 2007.

### Myra Sohn, R. Ph. - (Registered pharmacist of California)

Pharmacist/Co-owner of Ecoterra Health Market practicing prescriptive and personalized holistic medicine. Member of Claremont Wellness Fountain.

## CONTACT US



**Myra House**  
HOLISTIC LIVING CENTER

3643 N. Mills Ave.,  
Claremont, California 91711  
909-624-4648 • Fax 909-624-4755

**ecoterra**

1 N. Indian Hill Blvd., Suite 101-102  
Claremont, CA 91711  
1 800-624-8580 or (909)624-8580  
Fax(909)624-8615

 **Myra House**  
HOLISTIC LIVING CENTER  
*internship*  
with **ecoterra**



[www.myrahouse.com](http://www.myrahouse.com)  
[www.ecoterrahealthmarket.com](http://www.ecoterrahealthmarket.com)

*living, working, learning*

## ABOUT THE INTERNSHIP



**Ecoterra Health Market and Myra House Holistic Living Center (HLC)** offers a dynamic internship opportunity for people *21 years and up* interested in impacting the local/global community through organic farming, sustainable living, and holistic care.

A residential program, the internship is a truly holistic experience of living, working, and learning. Interns partake in cooperative living on the beautiful grounds of Myra House in the foothills of the San Bernardino mountains and work at Ecoterra Health Market in downtown Claremont while being mentored by staff in a specialty of their choice. Interns also complete a personal project that develops their vocational pursuits and furthers the mission of HLC.

Interns have the option of staying for a minimum of 10 weeks (1 semester) or up to 1 year for a total of 4 semesters.

## HLC MISSION

### Mission:

- To advocate a simple, organic way of living by pursuing ecological principles
- To protect the earth and to promote personal healing, well being and spirituality by providing an organically creative environment
- To strive for holistic living through communal praying, gardening and educating present and future generations

### Vision:

HLC recognizes the urgency of the earth's deterioration as well as human beings' excessive materialism in the fast-moving life style of our time. Therefore, HLC exists as an alternative environment (a spiritual healing home that encourages holistic living by pursuing ecologically sustainable principles that emphasize interaction and connection to all existing creatures).

## CO-OP LIVING

**Myra House Holistic Living Center** was designed and built as an ecologically sustainable residence that integrates spiritual and environmental values with daily communal activities. At the Myra House, you'll find a big communal kitchen, solarium, library full of resources on sustainability and ecology, and a beautiful hardwood floor chapel. Outside, you'll see chickens, compost sheds, organic gardening, fruit trees, a labyrinth and a tranquil coy pond. As an intern, you'll be a part of a diverse community of thinkers and doers who are renewing themselves through holistic living and impacting their communities with innovative reflection and action.



### Communal Living

Residents help maintain HLC with daily chores. Regular community dinners, outings and community outreach projects through Ecoterra give interns a chance to connect with each other and the local community.

### Spiritual Living

Residents live around an informal monastic rhythm and keep quiet hours in the evening. Weekly community dinners are followed by a meditative service that allows community members to regroup and prepare for the week ahead.



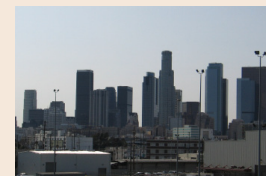
### Regenerative Living

Gardening your own plot of land, recycling, composting, and finding ways to live more sustainably are all part of the internship experience at HLC.



## PERSONAL PROJECT

Each intern has the opportunity to complete a **personal project** that develops their career goals and contributes towards the current HLC program with the help of an assigned mentor.



Interns draw on resources from the internationally renowned Claremont Colleges and the Claremont School of Theology. The nearby metropolis of Los Angeles provides a fertile backdrop for field study and multicultural experiences.

Some examples of personal projects include medicinal herbs and applications for human health, raw food preparation and promotion for the community, and sustainable garden projects.



*What's your personal project?*

## WORKING AT ECOTERRA

**Ecoterra: Natural Foods & Holistic Medicine** provides organic, wholesome foods, holistic medicine, and environmentally sound household items. It's an ideal environment to learn about the ins and outs of providing community education, outreach, and holistic care through a business model.



Interns work a minimum of two 6- hour shifts per week with additional optional hours and receive **compensation** for their time.

Working at Ecoterra means that you'll always **connect theory with practice** and stay connected to the needs and concerns of the greater community.



*cooperative action, contemplative reflection, contextual education*